

**Aging & Independence Services Advisory Council**  
**Monday, February 8, 2016**  
**5560 Overland Avenue**  
**San Diego, CA 92123**

I. CALL TO ORDER: WELCOME AND INTRODUCTIONS: Estelle Wolf, Chair of the Advisory Council, 12:01 PM.				
Members			Excused Members	Guests
Attendance:	John Alexander Ellen Arcadi Rosemarie Bahmani John Batchelder Judy Bonilla Dolli Cutler Fred Davis Claudine Duff Media Fettinger Maxine Fischer Ted Kagan Mercedes Margritz Martha McCarthy	Kim McIntrye Luis Monge Bob Prath Kathy Randall Krys Rigali June Singer Estelita Welch Cynthia White-Parks Estelle Wolf	Camille Cowlshaw Queen Johnson Kent Koopman Dotty Metcalf Jack Miller	Elsa Caprioglio Burton Disner Susie Ditmars Martha Plazda Wil Quintong Thai Sukrachan Lorelei Taylor
	Honorary Members		Staff	
	Jack Duff		Ellen Schmeding Floyd Willis	Rea Alvarez Mark Sellers
Item	Outcome			
A. Introductions	Everyone in attendance introduced themselves.			
B. Public Comment	Refer information to flyer: Hospitals & Family Caregiver Act in California.			
C. Minutes:	Approval of 01/11/16 minutes. [M/S—F. Davis/M. Fischer:Unanimous]			
II. PRESENTATION AND HEARINGS				
A. Thai Sukrachan, Human Services Manager; AIS, IHSS	<ul style="list-style-type: none"><li>• Presentation of In-Home Supportive Services (IHSS), which is an alternate to out-of-home care or institutionalization otherwise.</li><li>• State mandate program, which Federal provides 33% funding and State provides 15% funding</li><li>• \$320 million are wages to fund individual providers, which 2/3 are family members</li><li>• Public Authority serves as the payroll for the caregivers</li></ul>			
B. Elsa Caprioglio, Social Worker Supervisor; AIS, IHSS - Southbay	<ul style="list-style-type: none"><li>• IHSS Goals – 90% of annual reassessments completed timely</li><li>• San Diego ranks #6 in State at 99.48%</li><li>• Initial eligibility determination is to be completed within 45 days</li><li>• Strategic plan goal – to revamp services to be more responsive to managed care</li></ul>			
III. DIRECTOR'S ITEMS AND ISSUES FOR POSSIBLE ACTION:				
A. Board Letters	Alzheimer's Project 2016 Update <ul style="list-style-type: none"><li>• AIS will be going in front of the Board of Supervisors on March 1, 2016</li><li>• Project was launched in 2014; 3 months later – develop implementation plan</li><li>• Project is a 10-year process and will meet every March to highlight key activities and discuss next steps</li><li>• Budget from BOS: \$500,000 to start (yearly budget)</li></ul> [M/S—T. Kagan/L. Monge:Unanimous]			
B. AIS Advisory Council LTCIP Update	January and February 2016 provided as enclosures.			
C. Final Cool Zone Fans	Additional fans left over from last year's Cool Zone event; email Floyd Willis if interested in taking fans to give to seniors			

D. Other	<u>Aging Summit 2016</u> <ul style="list-style-type: none"><li>• June 15, 2016 at the Town &amp; Country at Mission Valley</li><li>• General theme: Age-Friendly Communities</li><li>• Guest speaker, Dick Van Dyke, to do presentation</li></ul> <u>Board of Supervisors Meeting</u> <ul style="list-style-type: none"><li>• March 1, 2016 – BOS received packet, requesting authorization to submit application to AARP in pursuit of Age-Friendly Communities designation, 5-year effort</li></ul> <u>RCFE System</u> <ul style="list-style-type: none"><li>• Pilot tool developed by CARR – staff lead, Floyd Willis</li><li>• Some volunteers sites have already completed a test rating within the trial system</li></ul>		
<b>IV. EXECUTIVE COMMITTEE REPORTS &amp; OTHER COUNCIL BUSINESS [Possible Action]:</b>			
A. Chairperson's Report	<ol style="list-style-type: none"><li>1. Welcome John Alexander, Bill Horn Appointment (CoB Seat #9)<ul style="list-style-type: none"><li>• San Diego resident since the 1950s; 28 years in operating an in-home care business; also worked as a CPA</li></ul></li><li>2. Committee Roster<ul style="list-style-type: none"><li>• Review for correction; need additional members to participate in committees</li></ul></li></ol>		
B. Board of Supervisors Annual Visits	<ol style="list-style-type: none"><li>1. District #1 – Greg Cox</li><li>2. District #2 – Dianne Jacob</li><li>3. District #3 – Dave Roberts</li><li>4. District #4 – Ron Roberts</li><li>5. District #5 – Bill Horn</li></ol>	<p>[Cowlshaw/Monge]</p> <p>[Duff/Kagan]</p> <p>[Cutler/Fischer]</p> <p>[Singer/White-Parks]</p> <p>[Serrin/{vacant}]</p>	<p>date: November 16, 2015</p> <p>date: October 21, 2015</p> <p>date: February 1, 2016</p> <p>date: February 10, 2016</p> <p>date: December 17, 2015</p>
<b>V. STANDING COMMITTEE ORAL REPORTS / RECOMMENDATIONS:</b>			
A. Membership Committee [F. Davis]	<ul style="list-style-type: none"><li>• No meeting in January 2016; next meeting scheduled for February 22, 2016.</li><li>• Ethics Training reminder – print out certificate and give to Advisory Secretary for filing</li></ul>		
B. Legislative Committee [L. Monge]	None to report. No meeting scheduled in March.		
C. Area Plan [B. Prath]	<ol style="list-style-type: none"><li>1. Listening Sessions and Area Plan Hearing<ul style="list-style-type: none"><li>• Handouts will be sent electronically. Next meeting is scheduled for February 9, 2016 at 11 AM.</li></ul></li><li>2. Calendar of Hearings Dates and Places are all moving forward as planned.<ol style="list-style-type: none"><li>a. La Mesa</li><li>b. San Marcos</li><li>c. George Stevens Center</li><li>d. LGBT Center</li><li>e. Encinitas</li><li>f. Scripps Ranch</li><li>g. Hearing</li></ol></li></ol>		
<b>VI. ANCILLARY COMMITTEE ORAL REPORTS:</b>			
A. Nutrition Committee [J. Singer]	<ul style="list-style-type: none"><li>• Dietary guidelines – focused on sodium and diet</li><li>• Restrict sodium to 500 mg</li><li>• County set up meal patterns at Senior Centers; meals with asterisk denotes have more than 500 mg of sodium and sugar is also being decreased</li><li>• Most Senior Centers no longer supply sugar or sweeteners</li><li>• Sons and Daughters of Guam published a cookbook</li></ul>		
B. LTC Facilities Ombudsman Committee [J. Singer]	<ul style="list-style-type: none"><li>• Reviewing how to instruct Ombudsman to be advocates to residents rejected by SNFs</li><li>• 75 Ombudsmen assigned; 3 are unassigned, and 9 are in a new class as of today</li></ul>		
C. Transportation Committee [J. Bonilla]	<ul style="list-style-type: none"><li>• None to report, since committee is scheduled to meet later today (after Advisory Council meeting).</li></ul>		
D. Smart & Livable Homes Committee [M. Fettinger]	<ul style="list-style-type: none"><li>• First meeting scheduled for March 4, 2016 at 10 AM in the Pam Smith Conference Room.</li></ul>		
<b>VII. ANCILLARY COMMITTEES WRITTEN REPORTS: {See Addendum Chart}</b>			
<b>VIII. OTHER ANNOUNCEMENTS &amp; ADJOURNMENT (ACTION):</b> Adjourned at 1:19 PM.			
<b>IX. NEXT MEETING:</b> March 14, 2016 at 12 PM.			

Minutes respectfully submitted by Rea Alvarez//ra